



# **DRUMMING TO OUR OWN BEAT!**



**Come and join us every Thursday**

**6:00pm - 8:00pm**

**Starting April 15th for 8 weeks**

**36 Eglinton Ave West, Suite 602**

**Learn how to cope with your mood disorder in a musical way.**

**By beating away the blues!**

**No experience necessary**

**Drums, maracas & cow bells provided**

**Limit of 12 Students**

**Instruction by Zephie of the Amazing Parkdale Drummers**

**To register fill out the application form on the reverse and email  
or fax it to Kim Umbach.**



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## Registration Form

**PLEASE PRINT CLEARLY**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone (home): \_\_\_\_\_

Telephone (cell): \_\_\_\_\_

Email Address: \_\_\_\_\_

**Please return this application form to:**

**Kim Umbach**

**Mood Disorders Association of Ontario**

**36 Eglinton Ave West, Suite 602 Toronto, Ontario M4R 1A1**

**Fax: 416-486-8127 / Phone: 416-486-8046**

**Email: [kimu@mooddisorders.on.ca](mailto:kimu@mooddisorders.on.ca)**